

Delhi School of Professional Studies and Research

Affiliated to G.G.S Indraprastha University

(NAAC Accredited "A" Grade Institution)

DOSSIER **“Management Development Program** **on** **“Stress Management”** ***On***

December 2nd, 2018

Title	Management Development Program on “Stress Management”
Date and Time	December 2nd, 2018
Venue	DSPSR Premises
Resource Person/Facilitator	Shri Beni Kinha, Founder, Nector Factor
No. of Participants	40
Summary	Delhi School of Professional Studies and Research (DSPSR) organized a one day MDP on the topic “Stress Management” in the college premises on the topic “Stress Management” in the college premises on December 2nd, 2018. The session was chaired by Prof. G.S. Popli, Executive Director, DSPSR and coordinated by Dr. Sima Kumari, Associate Professor, DSPSR. The resource person for the same was Mr. Beni Kinha, the founder of Nectar-Factor.
Winners	Not Applicable