

Delhi School of Professional Studies and Research

Affiliated to G.G.S Indraprastha University

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DOSSIER

MDP on Spiritually "S.M.A.R.T" Manager

On

27th April, 2019

Title	MDP on Spiritually "S.M.A.R.T" Manager
Date and Time	27 th April 2019
Venue	DSPSR Auditorium
Resource Person/Facilitator	Prof. (Dr.) Ajay Kr. Singh, Vice-Chancellor, Sri Sri University-Cuttack, Orissa
No. of Participants	33
Summary	<p>DSPSR-Rohini, organized a one day MDP on the topic "Spiritually S.M.A.R.T Managers", held on 27/04/2019, at its Auditorium. All together forty participants both from industry and academic field attended the MDP with great enthusiasm. Resource persons, Prof. (Dr.) Ajay Kr. Singh, Vice-Chancellor, Sri Sri University-Cuttack, Orissa enchant the audiences with his spellbound lecture. He brought out the salient aspects of spiritual power and engaged the participants with his practical experiments, and showcased them how spiritual power can improve the will power as well as physical fitness among individuals. The participants took away a lot of learning from his session.</p> <p>The second half of the session was conducted by Prof. (Dr.) Firdos Shroff- Joint Director, IIBF, Mumbai. His mesmerizing lecture upon the subtopic, "Achieving Success Without Stress" with numbers of illustrations provided the audience a</p>

	<p>deep insight on how to manage stress with grace. It was an enlightening sessions for all the participants.</p> <p>The third and final session of the MDP was on the sub-topic, "Live Your Greatest Life" and Madam Sunee Kay, taught the participants how to become stress free with the help of Yoga.</p> <p>The session was chaired by respected Prof. (Dr.) B. P. Singh; Chairman-DSPSR and Professor Emeritus Delhi University. Executive Director Prof. (Dr.) G. S. Popli, Director Prof. (Dr.) Ravinder Vinayek of DSPSR also graced the programme with their benign presence. The programme was conducted by Dr. Sima Kumari, professor, DSPSR. The event was a grand success and came to an end with certificate distribution among participants and vote of thanks.</p>
Winners	Not Applicable



