## Delhi School of Professional Studies and Research

Affiliated to G.G.S Indraprastha University

(NAAC Accredited "A" Grade Institution)

## **DOSSIER**

On

"Motivational Lecture on the Topic "EMPOWER YOUR MIND" By Shri E. V. Gireesh"

On

## 5th July, 2022

Title	Motivational Lecture on The Topic "EMPOWER YOUR MIND" By Shri E. V. Gireesh	
Date and Time	5th July 2022	
Venue	GGSIPU, Dwarka	
Resource Person/Facilitator	Dr. E. V. Gireesh	
No. of Participants	40	
Summary	Guru Gobind Singh Indraprastha University has organized a Motivation Lecture on the Topic "EMPOWER YOUR MIND" By Shri E. V. Giree on 5 <sup>th</sup> July 2022. During this session Dr. E. V. Gireesh talked about how can remain happy in our lives. They give us the solution for how can mind handle any type of situation effectively.  In the session, Brahma kumaris held a meditation session for all the participants also. Dr. E.V. Gireesh told all the participants about his journ of life. He highlighted how he managed good and bad things in life. All the participants from DSPSR felt motivated after this seminar and aimed include the tips in their life as well. Lastly, they distributed us the Prasad all the participants.	

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Winners	Not Applicable	7

## Photographs of the event:





