

Delhi School of Professional Studies and Research

Affiliated to G.G.S Indraprastha University

(NAAC Accredited "A" Grade Institution)

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On

"National Integration Camp"

On

24th February to 1st March, 2020

Title	National Integration Camp
Date and Time	24 th February to 1 st March, 2020
Venue	Kangra, Himachal Pradesh
Resource Person/Facilitator	Program Officer NSS- Ms. Poojan Bathla
No. of Participants	5
Summary	<p>A National Integration Camp was organized by MCM DAV College, Kangra, Himachal Pradesh, from 24th February to 1st March, 2020. The objective of the camp was to bring together the volunteers from different cultures belonging to different states of the country. The journey started on 23rd February, 2020 from Delhi to Kangra. The Delhi team reached the destination by 9:00 a.m. next morning.</p> <p>Day 1, 24th February 2020, Monday-</p>

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The inauguration ceremony started with the hosting of the NSS Flag. The Lighting of the Lamp was done by the Chief Guest, DIG Santosh Patial, and other dignitaries, and it continued with singing of the NSS song.

Dr. Naresh Sharma, Coordinator NIC D.A.V. College, Kangra, and Dr. Baljeet Singh, Principal M.C.M. D.A.V. College, Kangra, welcomed the guest. Afterwards all the 13 programme officer, along with their respective state contingents, introduced themselves.

Then, Chief Guest, DIG Santosh Patial, addressed the NSS volunteers and told the importance NSS in today's world, women empowerment and national integrity. He reminded about the responsibilities of a NSS volunteer. After Lunch, the volunteers were taken to Shree Brijeshwari Mata Mandir (also known as Kangra Devi Mandir) to seek her divine blessings. All Volunteers contributed towards the cleaning of the temple Corridors.

In the evening, NSS volunteers presented their talents, culture and entertained everyone. At the end of the session the volunteers were allowed to proceed for the dinner.

Day 2, 25th February 2020, Tuesday-

The day started with the physical fitness session of NSS Volunteer. After the session, the volunteers were allowed to have breakfast and were asked to proceed for further activities for the day.

The first activity carried out was Debate Competition on the topics of Political and Cultural Nationalism for National Integration, Indian Rivers Interlink and Reservation system.

Post Lunch there were other Competitions like:

Rangoli making on topic like State traditional Fairs & festival of India.

Poster making on matters like Contribution of Youth in Swachh Bharat Mission, Youth against drug addiction, Role of women in India.

Mono Acting on themes like Swachh Bharat (Clean India), Impact of Alcoholism, Unemployment.

In the evening, Regional Director of Chandigarh, Smt. Harinder Kaur, came as the Chief Guest. She addressed the volunteers and the Program Officers, and even interacted with the volunteers while sharing her thoughts on making NIC camps more successful. She gave emphasis on working towards National Integrity. At the end of the session the volunteers headed

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for the Dinner.

Day 3, 26th February 2020, Wednesday-

The day started with the judo karate session followed by a training on Self Defence for female volunteers. After the breakfast, all volunteers gathered at the venue. Mr. Raj Kumar, Youth Officer of NSS, was the speaker of the day. He inspired the volunteers to work towards National Integrity, and he ended his talk with the NSS song.

The day's Chief Guest, Dr. Harinder Kaur, Regional Director, Chandigarh, and Speaker, Dr. Rakesh Sharma, Assistant Professor of Harimpur University, shared their experiences with the Volunteers and Programs Officers.

After Lunch, Chief Guest, Mr. Jatin Lal, S. D. M, Kangra, arrived at the venue and attended the Skit Competition session in which all state volunteers presented their respective skit on various topics like Voters Awareness, Digital Literacy, Swachh Bharat, and Unity in Diversity.

Later on, all the states showcased their state's cultural song, dance, poetry, etc. At the end of the session, the volunteers had their dinner and were allowed to proceed to their accommodated places.

Day 4, 27th February 2020, Thursday-

All volunteers were instructed to gather near the Breakfast venue for Swachh Bharat Yatra at 7:30 am. After breakfast, the buses were boarded and journey started.

The places of visit included Himachal Pradesh Cricket Association Stadium (HPCA) in Dharamshala and a temple in McLeod Ganj. Also, Dr. Naresh Sharma, Coordinator NIC D. A. V. College, Kangra, hosted a snack party at his house for all the contingents.

There was an entertainment session in the evening before everyone proceeded for the dinner.

Day 5, 28th February 2020, Friday-

The day started with the physical fitness session in which volunteers learned yoga and its importance.

After the yoga session, the volunteers were allowed to have breakfast and

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get freshened up and started preparing for folk dance. All volunteers were instructed to reach the venue by 11:00 am for the folk dance event.

The dance performance was followed by lunch, which was special as a local dish, Kangridham, was prepared and the dance performances resumed after Lunch, and other states performed their folk dances.

Post Lunch, the tableau of Mahakal Bholenath was presented by students from Madhya Pradesh which everyone enjoyed.

Day 6, 29th February 2020, Saturday-

The day begins with the march-past drill of NSS Volunteer. After the drill session, the volunteers were asked to report at the MCM DAV College in order to proceed for their 45th annual prize distribution ceremony.

Chief Guest of the Valedictory Day was Dr. Amarjeet K. Sharma, Director of Hr. Education, Himachal Pradesh, who addressed the gathering about the responsibilities of being a youth and a NSS volunteer towards country and emphasized on National Integrity.

Post Lunch, there was the prize distribution ceremony where the Delhi contingent won the Best Skit Award and was also awarded the third prize in Slogan Writing

All the volunteers were felicitated with the participating awards and certificates for the successful completion of the NIC Camp.

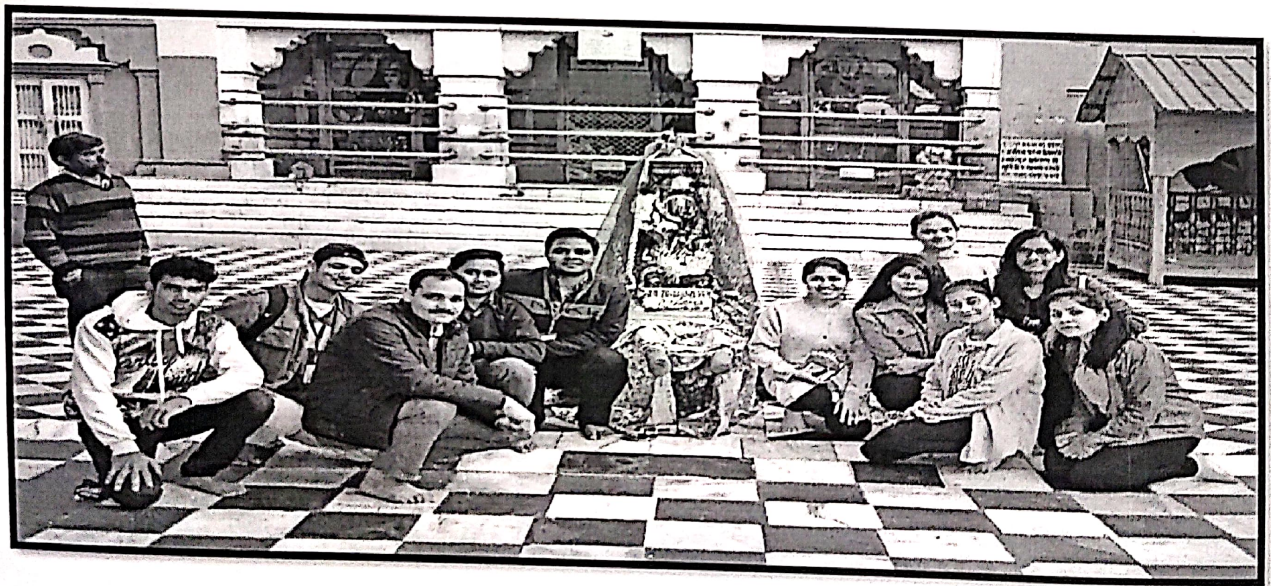
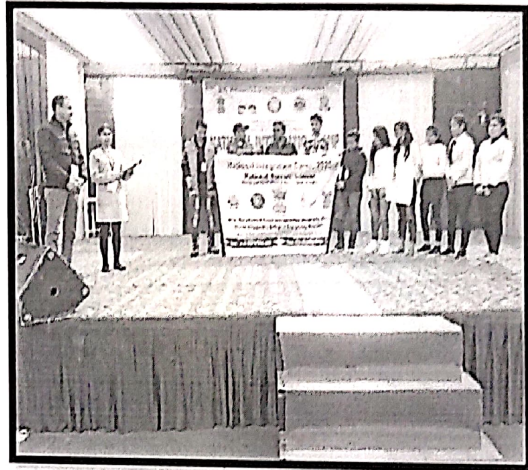
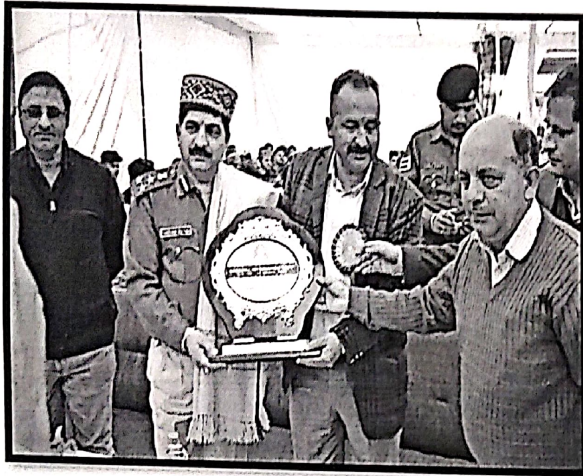
Winners

- Certificate of participation and trophy to all the participants.
- Best Skit award to Delhi Contingent

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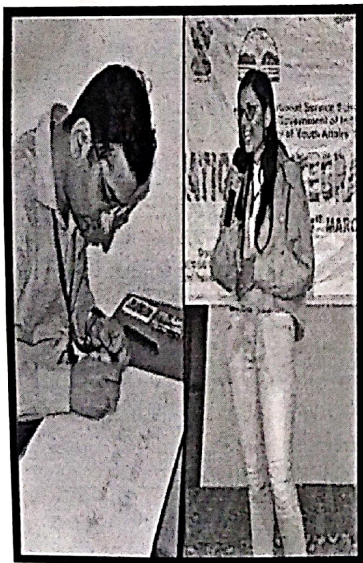
Photographs of the event:

Day 1



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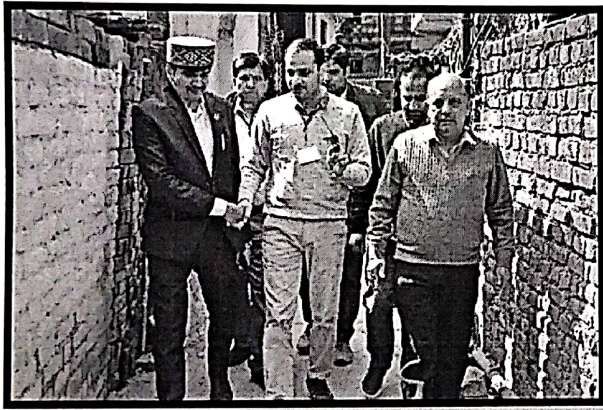
Day 2:



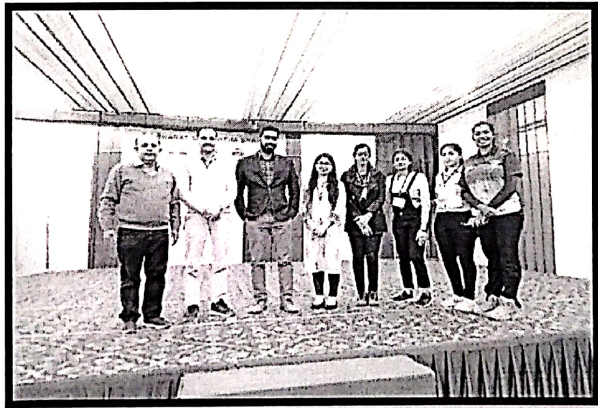
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DAY 3:



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Day 4



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Day 5



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Day 6:



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