



Delhi School of Professional Studies and Research

Affiliated to G.G.S Indraprastha University

(NAAC Accredited "A" Grade Institution)

DOSSIER

On

“Self Defense Training”

On

Jul 5, 2018

Title	Self Defense Training
Date and Time	Jul 5, 2018
Venue	Outside College
Resource Person/ Facilitator	Programme Officer Rotaract - Ms. Mani Goswami
No. of Participants	30

Mani Goswami



Summary	In Delhi, and even elsewhere across the country, it's unfortunate that young girls have to fear walking home from school or college, or even walking to a corner store," Rotaract Club of DSPSR organized self-defense training for underprivileged students. The event was sponsored by Country fitness club, Adarsh Nagar. The children learnt various self-defense tricks and techniques. The Rotaract club of DSPSR took this initiative to enhance the skill and ability of young boys and girls to overcome challenging situations and defend themselves against sexual assault, harassment or abduction.
Winners	Not Applicable

Photographs of the Event



Mani Coswani