

Delhi School of Professional Studies and Research

Affiliated to G.G.S Indraprastha University

(NAAC Accredited "A" Grade Institution)

DOSSIER

On

"Hope and Optimism"

On

Oct 27, 2021

| | Oct 27, 2021 |
|------------------------------------|--|
| Title | Hope and Optimism |
| Date and Time | Oct 27, 2021 |
| Venue | Zoom |
| Resource Person/ Facilitator | Programme Officer Rotaract - Mr. Vinod Kumar, Aditi Bansal (Trainee counselor, NLP practitioner and Clinical Hypnotherapist, MSc.Counselling, psychology student) Ms. Arushi Kataria, (Trainee counselor and MSc. Counseling psychology student) ROTARACT CLUB OF DELHI NEXUS. |
| No. of Participants | 150+ |



| Summary | The session was conducted under Project "Hope and Optimism" by ROTARACT CLUB OF DELHI NEXUS, Which was graced by Aditi Bansal (Trainee counselor, NLP practitioner and Clinical Hypnotherapist. MSc. Counselling psychology student) and Ms. Arushi Kataria, (Trainee counselor and MSc. Counseling psychology student.) to enlighten the attendees about how hope and optimism can enhance our everyday life. |
|---------|--|
| Winners | Not Applicable |

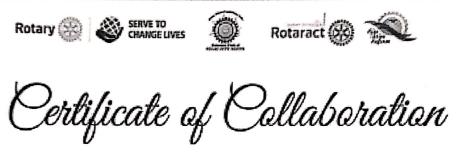
Photograph of the event











AWARDED TO

ROTARACT CLUB OF DSPSR

For participating in the Online Session on "Hope and Optimism", organised by ROTARACT CLUB OF DELHI CITY NEXUS, on 27TH October 2021.

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