



Delhi School of Professional Studies and Research

Affiliated to G.G.S Indraprastha University

(NAAC Accredited "A" Grade Institution)

DOSSIER

On

“Hope and Optimism”

On

Oct 27, 2021

Title	Hope and Optimism
Date and Time	Oct 27, 2021
Venue	Zoom
Resource Person/ Facilitator	Programme Officer Rotaract - Mr. Vinod Kumar, Aditi Bansal (Trainee counselor, NLP practitioner and Clinical Hypnotherapist, MSc.Counseling , psychology student) Ms. Arushi Kataria, (Trainee counselor and MSc. Counseling psychology student) ROTARACT CLUB OF DELHI NEXUS.
No. of Participants	150+

Prerna

Summary	The session was conducted under Project "Hope and Optimism" by ROTARACT CLUB OF DELHI NEXUS, Which was graced by Aditi Bansal (Trainee counselor, NLP practitioner and Clinical Hypnotherapist. MSc. Counselling psychology student) and Ms. Arushi Kataria, (Trainee counselor and MSc. Counseling psychology student.) to enlighten the attendees about how hope and optimism can enhance our everyday life.
Winners	Not Applicable

Photograph of the event

